

MID-MISSOURI SWIM CONFERENCE CONSTITUTION

(Revised March 11, 2010)

The Mid-Missouri Swim conference was organized in the summer of 1980 to further the development of swimming in the Mid-Missouri area. Our purpose is to advance the enjoyment of swimming in our clubs and maintain a competitive swimming program in this area.

The following set of rules and guidelines have been set up to govern this Conference and will be followed by all teams.

I. Conference Structure and Organization

1. The conference will be governed by a President, First Vice-President, Second Vice-President and Secretary/Treasurer to be installed at the fall meeting. The President shall have the responsibility to call and preside at the spring and fall meetings of the Conference. In the absence of the President, the First Vice-President may perform the duties of the President. The Secretary/Treasurer shall maintain the minutes, history, and the financial records of the Conference, as well as determine the eligibility of swimmers for the Championship Meet. All records shall be available for review by any representative of the Conference teams.
2. Conference meetings shall be conducted at least two times annually: a fall meeting on the third Wednesday of September and a spring meeting on the third Wednesday of April. Meeting dates may be adjusted by action of the officers, but must be held with ten (10) days of the scheduled meeting date. The Secretary/Treasurer will notify all team representatives at least two weeks prior to the meeting.
3. Interpretation of the constitution will be left to a minimum of two of the officers with all of the officers being notified.
4. Each team shall have two voting representatives at the Conference meetings. If only one representative from a team is present, that representative shall cast two votes.
5. Amendment and modifications of this document may be made by majority vote at either the fall or spring meeting. Modification and amendment of the

suggested rule changes may be made following discussion at either the fall or spring meeting.

6. The Conference is limited to a maximum of twelve (12) teams.
7. Entry into the Mid-Missouri Swim Conference will require a vote of the team representatives. The new team must agree to 1) host a meet during its second season, 2) be added as Vice-president to the rotation schedule in its fourth season, and 3) follow the same Conference team in all rotations. The vote required for admittance to the Conference will vary based upon the number of teams in the conference. The following table shall apply:

Eligible Votes	Positive Votes necessary for Admittance to Conference
16 (8 teams)	12
18 (9 teams)	13
20 (10 teams)	14
22 (11 teams)	16

8. League Rotation Schedule

II. Eligibility

1. The age of the swimmer on June 1 is the age at which he/she will compete the entire summer. A swimmer who is eighteen (18) years old can compete if he/she has not competed in college swimming
2. In order to be eligible to swim in the Mid-Missouri Swim Conference, a swimmer may not compete for or practice regularly with any other team during the designated summer season, other than one member Conference team at a time.

III. Entry Rules

1. A team may have as many entries per team as desired in all meets.
2. Swimmers are permitted to compete in an age group above their own in all meets except the Championship Meet.
3. Each swimmer is permitted to swim a maximum of five total events per meet.

IV. Officials

1. The visiting team will provide a timer and a stopwatch for each lane. In all meets, the host team must provide a Starter and a Stroke and Turn Judge. Visiting teams may be asked to provide additional officials if available. Names of Stroke and Turn Judges must be submitted with meet results. The conference will pay for 1 individual per team to be certified as an official USA Stroke and Turn Judge. This is contingent upon them completing these requirements prior to the Championship Meet, so they can be a USA Stroke and Turn Judge at the Championship Meet.
2. Timing shall be consistent for all meets. Three timers per lane are preferable for season meets. If three timers are present, the official time shall be the middle time. If two times are obtained, the official time shall be the average time determined in hundredths. All times shall be listed on the event card, and the official time shall be identified.

V. Ribbons

1. Ribbons are to be provided by the host team. In all Conference meets (excluding the Preseason and Championship Meets), overall ribbons must be given for the first three places, and heat ribbons must be given to all swimmers. An effort should be made by the host team to record results on ribbons.
2. If a Preseason Meet is held, awards will be determined by the Conference at the spring meeting.

VI. Championship Meet

1. In order to be eligible to swim in the Championship Meet, a swimmer must compete in at least two scheduled Conference meets during the regular season. Each team may have unlimited entries, with only one coed relay team per event. Coed relay teams are entered in boy's events only.
2. The Championship Meet will be held the second Saturday in July unless a motion is made and approved by the majority of teams.
3. In the Championship Meet, no score shall be kept, no team standings shall be kept, and no championship trophy shall be awarded.
4. Four league members and an alternate shall be appointed to a Jury of Appeals at the spring meeting of team representatives. The Meet Referee shall also serve as a member of the Jury. The names of Jury members shall be listed in the meet program. This Jury shall have the authority to interpret rules, but it is not to review judgment decisions of officials. The meet shall be delayed while the Jury meeting is held. The Meet Director shall convene the Jury of Appeals.
5. Conference records will be set only in the Championship Meet where all teams are invited to be present. Championship Meets shall be held only in a 25-meter pool. The Meet Director is responsible for meet records.
6. The Championship Meet shall have a minimum of 4 Place Judges assigned to each lane for all events, which will be used in case of failure of the electronic timer, and a paid USA Certified Referee. Stroke and

Turn Judges must have served as Stroke and Turn Judges in season meets as demonstrated by names submitted as a part of meet results. The Championship Meet shall require three timers per lane.

7. Swimmers must swim in their age group at the Championship Meet with the exception of relay events, where swimmers may swim up. Open events mean that any eligible swimmer may compete in that event.
8. Awards at the Championship Meet shall include ribbons to 16 places and medals to 3 places including relay events. A participation ribbon shall also be presented to swimmers not receiving other recognition.
9. Seed times for the Championship Meet must be drawn only from the current season and Mid-Missouri Swim Conference meets. Seed times must be adjusted for short course meter times by multiplying 1.1 times the yard time to get the meter time.

VII. Miscellaneous

1. Protests are to be made to the Referee.
2. Disqualification will be administered to the swimmer with a written explanation to the swimmer and the coach. All disqualified individuals or team coaches must be notified at the end of the heat.
3. Unless otherwise stated or understood by the Conference, USS rules apply. It is the responsibility of each coach to learn these rules and teach them to their swimmer.
4. It is the responsibility of the host team to email the meet results to the Conference secretary, Mid-Missouri webmaster, and the visiting team(s) in the Hy-Tek Meet Manager backup format within two days. A cover letter must accompany the email including the names of Stroke and Turn Judges.
5. Home teams must notify visiting teams of rain cancellations the day of the meet as soon as possible.
6. Per person league assessment (established by rosters no championship meet roster) shall be determined at the spring meeting of the Conference

and is not to exceed \$5 per team member. The roster and fee are due on July 1 and should be submitted to the Secretary/Treasurer of the league.

7. Team rosters must have all swimmers listed alphabetically, not by gender and age. A team roster must be turned in to the Conference secretary with the first meet results in June. A final team roster postmarked by July 1 must be sent to the Conference secretary and should include notation of dates of at least two meets in which the swimmer has swum as well as the per person league assessment. These dates shall be used to demonstrate eligibility for participation in the Championship Meet. No new swimmer may be added after July 1, but swimmer on the roster can compete in two meets after July 1 to complete eligibility. The Conference secretary shall certify their eligibility for the Championship Meet or the team will be ineligible to participate in that meet.
8. Host teams will email a courtesy letter to the visiting teams before their meet. Visiting team(s) will email their entries in the Hy-Tek format 3 days prior to the date of the meet. Host team will enter said entries into Hy-Tek Meet Manager and prepare heat sheets and deck cards for the meet. Host teams may terminate the meet based upon weather conditions or other unusual circumstances.
9. The official order of events is attached. Like the rules, changes in the event list can be made only at the fall meeting and must be submitted in advance.
10. Coaches will not be permitted to serve as Stroke and Turn Judges at any meets.
11. Scoring. It will be up to the host team's discretion whether or not a meet is scored. If it is scored, it will be scored as follows:
 - a. In dual meets, only the first three places will be scored; five points for first, three points for second and one point for third. Relays will be scored with seven points for first and three points for second.
 - b. In meets having more than two teams, the first eight (8) places will be scored. Scoring will be as follows: 9,7,6,5,4,3,2,1. Relays will be scored double: 18,14,12,10,8,6,4,2.